

SO, WHAT'S THE DEAL HERE?

1

Get a Bowl. Yeah, we thought it was obvious too. This really shouldn't even count as a step.

2

Fill that bowl up with whichever of our fresh meats and/or veggies are YOUR favorites!

3

Tell our expert grill master your choice of our 17 crazy-good sauces, and your selection of rice, noodles, or tortilla.

4

Eat. This really shouldn't count as a step either. Maybe it's just 2 steps.*

STILL UNSURE? FEELING A LITTLE OVERWHELMED?

Let our experienced grill technicians make suggestions and guide you along the way. You can taste any of our delicious sauces before they go on your creation.

*Repeat as necessary. Flaming Amy's Bowl offers all you can eat, all day, every day.

FLAMING AMY'S BOWL MENU



PROTEINS

Beef, Pork, Chicken, Bacon, Shrimp, Tilapia, Tofu, Eggs

VEGGIES

Black Beans, Broccoli, Cabbage, Carrots, Chipotles, Cilantro, Corn, Edamame, Garlic, Banana Peppers, Green Onions, Green Peppers, Mushrooms, Peas, Portabellas, Red Peppers, Yellow Onions, Spinach, Sprouts, Water Chestnuts, Sundried Tomatoes, Yellow Squash, Zucchini, Pineapple

SAUCES

Poblano Cream, Marinara, Teriyaki, Sweet N Sour, Lemon Basil, Red Curry, Sesame Ginger, Honey Garlic Wasabi, General Mux, Thai Peanut, Buffalo Teriyaki, Jalapeno Ginger Lime, Chipotle BBQ, Jambalaya, Red Miso BBQ, Yellow Curry, Chili Death (Gluten Free, Soy Free, and Vegan options available)

STARCHES

White Rice, Brown Rice, White Noodles, Wheat Noodles, Rice Noodles, Flour Tortilla



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and

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